

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: WN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: ROGEMAN Guillaume

Coaches: Parent Charlotte

Coaches: Delmotte Elodie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 400M MEDLEY WOMEN 15-18								Heat:1, starttime: 08:55
Heat: 1/5 Lane : 4 Athlete: GRIES ANAÏS								Q-time: 05:34:92
PB (50m pool): 05:34.92 Antwerpen 27/07/2025				PB (25m pool): 05:30.52 SB: 05:45.74 Eindhoven 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:34.87	01:15.67	01:59.56	02:42.43	03:29.63	04:18.29	04:58.50	05:34.92
	00:34.87	00:40.80	00:43.89	00:42.87	00:47.20	00:48.66	00:40.21	00:36.42
								

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:1, starttime: 10:14	
Heat: 1/5 Lane : 4 Athlete: ESLAMI SAM					Q-time: 02:24:96	
PB (50m pool): 02:24.96 Ottignies Louvain-La-Neuve 07/06/2026PB (25m pool): 02:46.61SB: 02:24.96 Ottignies Louvain-La-Neuve 07/06/2026						
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:31.44	01:08.34	01:46.37	02:24.96		
	00:31.44	00:36.90	00:38.03	00:38.59		
						

Coach feedback:

Event number: 24: 100M FREESTYLE MEN 15+							Heat:2, starttime: 10:56		
Heat: 2/22 Lane : 3 Athlete: KERGUIDUFF TRISTAN							Q-time: 00:59:76		
PB (50m pool): 00:59.76 Charleroi 15/02/2026							PB (25m pool): 00:58.90SB: 00:59.76 Charleroi 15/02/2026		
	5 0 M		1 0 0 M						
PB	00:28.83		00:59.76						
	00:28.83		00:30.93						
									

Coach feedback:

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Event number: 26: 50M BREASTSTROKE MEN 15+				Heat:2, starttime: 11:49	
Heat: 2/12 Lane : 1 Athlete: ESLAMI SAM				Q-time: 00:34:00	
PB (50m pool): 00:34.00 Ottignies Louvain-La-Neuve 07/06/2026				PB (25m pool): 00:37.71 SB: 00:34.00 Ottignies Louvain-La-Neuve 07/06/2026	
	5 0 M				
PB	00:34.00				
	00:34.00				
					

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+				Heat:3, starttime: 11:50	
Heat: 3/12 Lane : 8 Athlete: YANGINCI BARIS				Q-time: 00:33:70	
PB (50m pool): 00:33.70 Ottignies Louvain-La-Neuve 15/03/2026				PB (25m pool): 00:39.65 SB: 00:33.70 Ottignies Louvain-La-Neuve 15/03/2026	
	5 0 M				
PB	00:33.70				
	00:33.70				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:5, starttime: 12:05	
Heat: 5/17 Lane : 5 Athlete: MOLINA FUEYO MARISA				Q-time: 00:31:59	
PB (50m pool): 00:31.59 Ottignies Louvain-La-Neuve 15/03/2026				PB (25m pool): 00:32.75 SB: 00:31.59 Ottignies Louvain-La-Neuve 15/03/2026	
	5 0 M				
PB	00:31.59				
	00:31.59				
					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+				Heat:6, starttime: 12:06	
Heat: 6/17 Lane : 4 Athlete: GRIES ANAİS				Q-time: 00:31:39	
PB (50m pool): 00:31.39 Eindhoven 16/03/2025				PB (25m pool): 00:31.24 SB: 00:32.23 Seraing 25/01/2026	
	5 0 M				
PB	00:31.39				
	00:31.39				
					

Coach feedback:

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Event number: 28: 200M MEDLEY MEN 15+					Heat:5, starttime: 12:31
Heat: 5/19 Lane : 7 Athlete: ESLAMI SAM					Q-time: 02:27:91
PB (50m pool): 02:27.91 Charleroi 24/05/2026					PB (25m pool): 02:25.66 SB: 02:27.91 Charleroi 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.11	01:10.24	01:54.00	02:27.91	
	00:30.11	00:40.13	00:43.76	00:33.91	
					

Coach feedback: